ΣΕ-ΑΝΤΙΜΕΤΩΠΙΖΩ

BAGAP

REAL MEN

RESPECT. PROTECT. SUPPORT.

Be part of the change.
Stand up against Gender-Based Violence.
Together, we build a safer community for all.

WHY MEN MATTER

Men have a **powerful role** in preventing gender-based violence. By **speaking up, challenging** harmful behaviours and **supporting equality,** we create a safer, healthier and more respectful society.

GENDER-BASED VIOLENCE IS NOT JUST A WOMEN'S ISSUE

It affects families, communities and generations.
It is **everyone's responsibility** to prevent it.

WHAT YOU CAN DO

SPEAK UP
Challenge sexist jokes, discrimination and harmful behaviours whenever you see them.

SHOW RESPECT
Treat everyone equally, regardless of gender. Respect is the foundation of healthy relationships.

BE A ROLE MODEL
Your words and actions influence others. Lead by example and promote positive masculinity.

SUPPORT SURVIVORS
Listen without judgment and encourage those who need help to reach out to support services.

WORK TOGETHER
Join community initiatives and support efforts that promote equality and prevent violence.

IF YOU NEED HELP OR KNOW SOMEONE WHO DOES

You are not alone.
Support is available.

SOS HOTLINE 1440
(24/7 – Free & Confidential)

www.domviolence.gov.cy

Local Support Services in your area

> **Strength is not in control, but in care and respect.**

IMPORTANT MESSAGE

Violence is never acceptable.
Silence protects the violence.
You have the power to make a difference.

Be an ally. Be the change.
Be part of the solution.

TOGETHER, WE CAN END GENDER-BASED VIOLENCE.
TOGETHER, WE BUILD A RESPECTFUL AND EQUAL COMMUNITY.

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