Overcoming cultural Stigma →

1. **The Power of Awareness:** Stigma often grows in silence. By speaking openly about gender-based violence (GBV), we break the cycle of isolation that many migrant women face.

2. **Safety Over Reputation:** Emphasize that an individual's right to dignity and safety always comes before "family shame" or traditional norms.

3. **Redefine the Issue**: Clearly state that gender-based violence (GBV) is not a "private family matter" or a "secret," but a violation of human rights that requires public support.

4. C**ulture is Not an Excuse**: Cultural norms never justify harm; safety and equality are rights that belong to everyone.

Promote Understanding

L**anguage is No Barrier:** Access help in your own language; we provide support in Arabic, English, French, and Greek.

You Are Not Alone: We are building bridges between migrant women and local services to ensure no one is isolated.

Empowerment Through Knowledge: Understanding your legal rights is the key to navigating the system and finding safety.

A Supportive Network: From legal aid to psychological care, confidential and culturally sensitive help is available for you.

Be a Bridge

Help dismantle stigma by sharing accurate information about legal rights and available services with your neighbors and friends

Challenge Misconceptions

When you hear someone dismiss violence as "cultural," respectfully remind them that safety and equality are universal rights

Scan to watch our informational videos on legal rights and support services

ΔΙΟΡΓΑΝΩΤΗΣ
Με τη συγχρηματοδότηση
Με τη χρηματοδότηση της Ευρωπαϊκής Ένωσης. Οι απόψεις και οι γνώμες που διατυπώνονται εκφράζουν αποκλειστικά τις απόψεις των συντακτών και δεν αντιπροσωπεύουν κατ'ανάγκη τις απόψεις της Ευρωπαϊκής Ένωσης ή της Ευρωπαϊκής Εταιρικής. Η Ευρωπαϊκή Ένωση και η Ευρωπαϊκή Επιτροπή δεν μπορούν να θεωρηθούν υπεύθυνοι για τις εκφραζόμενες απόψεις.