

Training report of volunteers

By Glodi...



The training was online 12/12-16/12/2022 every afternoon.
With objectives

- To get to know other volunteers and other actors related to the ESC programme
- To bring volunteers in a primary contact with local cultural characteristics
- To create an "informal" volunteers' network for mutual support and exchange of experience
- To foster communication skills these skills are related to the topics: language: training, IT Tools, interculturality and conflict resolution.
- To provide participants with space and support for reflection on their future as
 - volunteers To exchange "first" experiences with regards to the volunteers receiving projects
 - To address the current situation

Programme

	MONDAY 12/12	TUESDAY 13/12	WEDNESDAY 14/12	THURSDAY 15/12	FRIDAY 16/12
14.00-15.00	Getting to know each other Expectations	Group Building/ me and my project	Odyssey Tasks	Greek lesson and intercultural challenges	Meeting with N.A. Closing
15.00-15.10	Break				
15.10-16.30	Project poster and presentation	Youth Pass	Presentation	Intercultural learning	Evaluation



Monday 12/12
14.00-16.30

- Getting to know each other expectations
- Project poster and presentation

We were five on the training online:

- One Cypriot from turkey, Candogan
- One Spanish girl, Elena
- One Cypriot girl, Iliana
- One Cypriot boy, Christos and I from Congo

Each of us has done a self presentation and the organization which it belongs during some minutes and to write it in one page per person.

Each of us then chosen poster project and we presented this project. I choose a project About various forms of discrimination.

Iliana was training moderator and Always she gave all of us sometimes before to did the every tasks.



Tuesday 13/12
14.00-16.30

- **Group Building/
me and my project**
- **YouthPass**

Building group: we had a team activities.

1. Take a group photo
2. Find an object from every country we have in the group
3. Draw the group logo
4. Find the group slogan
5. Create a poster/video/photo/anything else that shows flirt in Cyprus
6. Create a song about ESC and sing it
7. -Make a playlist of songs in YouTube
8. -share things/activities/places you want to do/go during your ESC

We played Kahoot with the questions about ESC, some examples:

Who can be your mantor? How long can a volunteer contract last? Which are the qualities of a mantor? What does it mean "ESC"? How many per day can receive a volunteer? What is Cigna? Etc...

And after that she explained us what is YouthPass and she sent a pdf document about this for more details.
It is a tool for recognizing the participation and non-formal learning experience gained by taking part in an Erasmus+/Youth in Action project. The main objectives are: to valorize the methods and outcomes of non-formal learning.



Wednesday 14/12
14.00-16.30

- Odyssey tasks
- Presentation



About Odyssey tasks: we had 24 Questions
about cultural, political, cuisine, in cyprus
Divided per 2 Group



After that we presented this one by one



Thursday 15/12
14.00-16.30

- Greek lesson and intercultural challenges
- Intercultural learning

We did a Greek lesson It was really interesting

In intercultural Change we see one story of Abigail...
Abigail loves Tom who lives on the other side of the river. A flood has destroyed all bridges across the river, and has left only one boat afloat. Abigail asks Sinbad, the owner of the boat, to bring her to the other side. Sinbad agrees, but insists that Abigail has to sleep with him in return. Abigail does not know what to do and runs to her mother and asks her what she should do. Her mother tells Abigail that she does not want to interfere with Abigail's own business. In her desperation Abigail sleeps with Sinbad who, afterwards, brings her across the river. Abigail runs to Tom to happily embrace him and tell him everything that has happened. Tom pushes her away bluntly and Abigail runs away. Not far from Tom's house, Abigail meets John Tom's best friend. She tells everything that has happened to him as well. John hits Tom for what he has done to Abigail and walks away with her.

And in this story the question was to know who is good? Who is bad?



Friday 16/12
14.00-16.30

- Meeting with N.A closing
- Evaluation



Meeting with N.A was during just some minutes

She informed us about ESC

What is ESC?

Aim: to build a more inclusive society, supporting vulnerable people and responding to societal challenges.

to offer an inspiring and empowering experience for young people who want to help. learn and develop.

Actors of a ESC project

- Sending Organisation
- Receiving Organisation
- Volunteer
- Mentor

About evaluation we have answered all us in these questions in the link of she sent.

- A thing I learnt
- A challenge I had to face
- What do I feel?
- A wish for the group